

# Where to See Flowers in Nagano



**10. Kurohime Kogen**  
Cosmos

**3. Alps Azumino Park**  
Tulips

**5. Tsurumine Park**  
Azaleas

**11. Shinshu Ina Kogen**  
Red Soba

**2. Hanamomo no Sato**  
Peach Blossoms

**4. Nanohana Park**  
Rapeseed Flowers

**7. Hotel Tangram**  
Lavender

**1. Anzu no Sato**  
Apricot Blossoms

**6. Shinano Kokubunji**  
Wisteria

**8. Mt. Kurumayama**  
Day Lilies

**9. Fujimi Kogen Resort**  
Zinnia

## Map Legend

- Hokuriku Shinkansen ———
- JR Chuo Line ·····
- JR Oito Line - - - -
- Nagano Dentetsu Line - - - -
- Shinano Testudo Line ·····
- Kamikochi Line - - - -
- Expressway ———

**1** Anzu no Sato  
Apricot Blossoms



Early to Mid April

**2** Hanamomo no Sato  
Peach Blossoms



Mid April to Early May

**3** Alps Azumino Park  
Tulips



Mid April to Mid May

**4** Nanohana Park  
Rapeseed Flowers



Early May

**5** Tsurumine Park  
Azaleas



Mid to Late May

**6** Shinano Kokubunji  
Wisteria



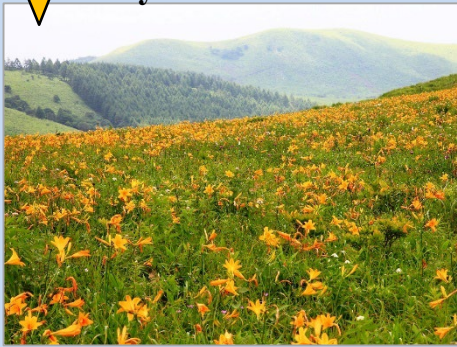
Mid to Late May

**7** Hotel Tangram  
Lavender



Early July to Early August

**8** Mt. Kurumayama  
Day Lilies



July

**9** Fujimi Kogen Resort  
Zinnia



Mid July to Late September

**10** Kurohime Kogen  
Cosmos



Late August to Mid September

**11** Shinshu Ina Kogen  
Red Soba



Mid September to Early October

	Anzu no Sato Apricot Blossoms	Hanamomo no Sato Peach Blossoms	Alps Azumino Park Tulips	Nanohana Park Rapeseed Blossoms
Location	Chikuma City	Hirugami Onsen	Azumino City	Iiyama City
Flowering Period	Early to Mid April	Mid April to Early May	Mid April to Mid May	Early May
Details	<p>Chikuma city's Anzu no Sato is one of the largest apricot-growing areas in Japan, producing upwards of 660 tons of fruit a year.</p> <p><b>Entrance Fee</b> Free</p>	<p>In early April, these peach blossoms burst forth in shades of red, white and pink and cover a vast area between the Kiso and Ina valleys.</p>	<p>Alps Azumino Park is at the foot of the Japanese Alps. From mid April to mid May, tulips cover the fields and bloom together with cherry blossoms.</p> <p><b>Hours</b> 9:30 to 17:00</p> <p><b>Entrance Fee</b> Adult/450, Child/Free</p>	<p>In Iiyama, nanohana blossoms cover the fields along the Chikuma River, turning everything a sunny yellow. The park is located on a small hill and has great views of the surrounding countryside.</p> <p><b>Entrance Fee</b> Free</p> <p><b>Parking</b> Cars/500, Buses/2,000</p>
Access	<p><b>By Car:</b> 10 min. from the Nagano/Joshin'etsu Expressway Koshoku IC exit.</p> <p><b>By Train/Bus:</b> From Yashiro Station (Shinano Railway), a 30-min. walk or 5-min. taxi ride.</p>	<p><b>By Car:</b> 10 min. from the Chuo Expressway Sonohara IC exit.</p> <p><b>By Train/Bus:</b> From JR Iida Station, 30 min. by bus to Hirugami Onsen. A shuttle bus is available to the park by reservation (1,200 yen roundtrip).</p>	<p><b>By Car:</b> 20 min. from the Nagano Expressway Azumino IC exit.</p> <p><b>By Train/Bus:</b> From Hotaka Station, 13 min. by Azumino Round bus.</p>	<p><b>By Car:</b> 40 min. from the Joshin'etsu Expressway Toyota Iiyama IC exit.</p> <p><b>By Train/Bus:</b> From JR Iiyama Station, 18 min. by taxi.</p>
Website	<a href="http://chikuma-kanko.com/tourist-guide/shinanonosato/">chikuma-kanko.com/tourist-guide/shinanonosato/</a>	<a href="http://www.iiyama-ouendan.net/en/">http://www.iiyama-ouendan.net/en/</a>	<a href="http://www.azumino-koen.jp/horigane_hotaka/">www.azumino-koen.jp/horigane_hotaka/</a>	<a href="http://www.iiyama-ouendan.net/en/sightseeing/2011/09/2790.php">http://www.iiyama-ouendan.net/en/sightseeing/2011/09/2790.php</a>

	Tsurumine Park Azaleas	Shinano Kokubunji Wisteria	Hotel Tangram Lavender
Location	Okaya City	Ueda City	Iiyama City
Flowering Period	Mid to Late May	Mid to Late May	Early July to Early August
Details	<p>This park in Okaya city is Central Japan's No. 1 Azalea sightseeing spot with an incredible number of 30,000 flowering azalea bushes. There are over 30 varieties ranging in colors from subdued reds and purples to bright pinks and blues.</p> <p><b>Entrance Fee</b> Free</p>	<p>An impressive wisteria trellis in the Shinano Kokubunji Park in Ueda City.</p> <p><b>Entrance Fee</b> Free</p>	<p>Around 1 million lavender stalks sway in the breeze on the hill by Hotel Tangram in Northern Nagano.</p> <p><b>Hours</b> 9:00 to 16:00</p> <p><b>Entrance Fee</b> Free</p>
Access	<p><b>By Car:</b> 15 min. from the Nagano Expressway Toyota-Okaya IC exit.</p> <p><b>By Train/Bus:</b> From JR Okaya Station, 5 min. by taxi.</p>	<p><b>By Car:</b> 10 min. from the Joshin'etsu Expressway Ueda Sugadaira IC exit.</p> <p><b>By Train/Bus:</b> From Shinano Kokubunji Station, a 3 min. walk.</p>	<p><b>By Car:</b> 20 min. from the Joshin'etsu Expressway Shinano-machi IC exit.</p> <p><b>By Train/Bus:</b> From Kurohime Station, 30 min. by bus</p>
Website		<a href="http://www.city.ueda.nagano.jp/kankojoho/shinano/flower/029.htm">www.city.ueda.nagano.jp/kankojoho/shinano/flower/029.htm</a>	<a href="https://www.tangram.jp/eng/">https://www.tangram.jp/eng/</a>

	Mt. Kurumayama Day Lilies	Fujimi Kogen Resort Zinnia	Kurohime Kogen Cosmos	Shinshu Ina Kogen Red Soba
Location	8:30 to 16:30	Fujimi Town	Shinano Town	Minowa Town
Holidays	July	Mid July to Late September	Late August to Mid September	Mid September to Early October
Details	<p>The grassy highlands of Kirigamine Kogen are covered in bright-yellow day lilies during July. The Kurumayama Ski Resort offers lifts to the top of Mt. Kurumayama (1,925m) where you can see panoramic views of the flowering hills below.</p> <p><b>Hours</b> 9:00 to 16:00</p> <p><b>Lift Price (Roundtrip)</b> Adult/1,600; Child/1,000</p>	<p>Over 1 million zinnia cover the lower section of the resort. Golf carts and ski lifts make access easy for people of all ages. The flowers are illuminated from late July to mid August.</p> <p><b>Entrance Fee*</b> Adult/1,100; Child/700</p> <p><b>Sky Lift (Roundtrip)</b> 550 per person</p> <p><b>Sky Cart</b> 2,100 per cart (up to 4 pax ea.)</p> <p><b>Flower Cart</b> 800 per person</p> <p>*Day and night tickets must be purchased separately</p>	<p>1 million cosmos flowers cover the hillside. Visitors can use the ski lift to see the flowers from above.</p> <p><b>Hours</b> 9:00 to 17:00 (lift until 16:00)</p> <p><b>Entrance Fee</b> Adults/600; Child/400</p> <p><b>Lift Fee</b> Adults/800; Child/600</p> <p><b>Combo Pass (Entrance + Lift)</b> Adults/1,300; Child/900</p>	<p>While soba flowers are usually white in Japan, this special variety in Minow is ruby red! The Takane Ruby flowers cover 4.4 hectares of the Shinshu Ina Kogen highland.</p> <p><b>Entrance Fee</b> Free</p>
Access	<p><b>By Car:</b> 40 min. from the Chuo Expressway Suwa IC exit.</p> <p><b>By Train/Bus:</b> From JR Chino Station, a 2-hour bus ride.</p>	<p><b>By Car:</b> 8 min. from the Chuo Expressway Kobuchisawa IC exit.</p> <p><b>By Train/Bus:</b> From JR Kobuchisawa Station, a 24-min. bus ride.</p>	<p><b>By Car:</b> 5 min. from the Joshin'etsu Expressway Shinano-machi IC exit.</p> <p><b>By Train/Bus:</b> From Kurohime Station, a 10 min. bus ride.</p>	<p><b>By Car:</b> 10 min. from the Chuo Expressway Ihoku IC exit.</p> <p><b>By Train/Bus:</b> From Ina Matsushima Station, 10 min. by taxi.</p>
Website		<a href="http://hanano-sato.jp/">http://hanano-sato.jp/</a>	<a href="http://kurohime-kogen.co.jp/green/map/">kurohime-kogen.co.jp/green/map/</a>	<a href="http://www.town.minowa.lg.jp/sangyo/sangyo0033.html">http://www.town.minowa.lg.jp/sangyo/sangyo0033.html</a>