

# Nagano Autumn Colors

- 3. Tsugaike Nature Park  
Hakuba Valley
- 4. Hakuba Mountain Harbor  
Hakuba Valley
- 5. Hakuba Happo One  
Hakuba Valley
- 6. Togakushi  
Nagano City
- 7. Nezame no Toko  
Kiso
- 8. Akasawa Forest Park  
Kiso
- 11. Tenryukyo  
Iida City

- 2. Ryuoo Ropeway  
Yamanouchi Town
- 9. Ueda Castle Park  
Ueda City
- 10. Komoro Kaikoen  
Komoro City
- 1. Senjojiki Cirque  
Komagane City



### Map Legend

- Hokuriku Shinkansen
- JR Chuo Line
- JR Oito Line
- Nagano Dentetsu Line
- Shinano Testudo Line
- Kamikochi Line
- Iida Line
- Expressway



**1** Senjojiki Cirque  
Komagane City



Early September to Early November

**2** Ryuoo Ropeway  
Yamanouchi Town



Late September to Early October

**3** Tsugaike Nature Park  
Hakuba Village



Late September to Mid October

**4** Hakuba Mountain Harbor  
Hakuba Village



Late September to Late October

**5** Hakuba Happo One  
Hakuba Village



Late September to Late October

**6** Togakushi  
Nagano City



Mid October to Late October

**7** Nezame no Toko  
Kiso



Late October to Early November

**8** Akasawa Forest Park  
Kiso



Late October to Early November

**9** Ueda Castle Park  
Ueda City



Late October to Mid November

**10** Komoro Kaikoen  
Komoro City



Late October to Mid November

**11** Tenryukyo  
Iida City



Mid November to Late November



	Senjojiki Cirque	Ryuoo Ropeway	Tsugaike Nature Park	Hakuba Mountain Harbor
Location	Komagane City	Yamanouchi Town	Hakuba Valley	Hakuba Valley
Viewing Period	Early September to Early November	Late September to Early October	Late September to Mid October	Late September to Late October
Details	<p>The steep slopes of the Senjojiki Cirque were carved by glaciers some 20,000 years ago. During autumn, the cirque becomes a colorful tapestry interwoven with the red leaves of the mountain ash trees.</p> <p><b>Ropeway Fare</b> Adult/2,540 Child/1,260</p> <p><b>Bus Fare</b> Adult/2,100 Child/1,060</p> <p><b>Hours</b> 8:00 to 17:00</p>	<p>Located at the top of Ryuoo Ski Park's ropeway lift is the 1,770m-high Sora terrace. It has stunning views of the surrounding mountains as well as <i>unkai</i>, a sea of clouds that appears below.</p> <p><b>Ropeway Fare</b> Adult/2,500 Child/1,300</p> <p><b>Hours</b> 9:00 to 19:00</p>	<p>At an altitude of 1,880m, Tsugaike Nature Park enjoys early autumn colors and has great views of the Hakuba mountains. 5.5km of hiking trails are available.</p> <p><b>Entrance Fee</b> Adult/300, Child/250</p> <p><b>Ropeway Fare</b> Adult/3,600, Child/2,050</p> <p><b>Hours</b> 8:00 to 16:20</p>	<p>Hakuba's majestic mountain scenery can be seen here. During autumn, colored foliage begins to cascade down the mountains as snow crowns the mountaintops. At their peak, you can see Hakuba's famous three-tiered autumn scenery: white snow, red leaves, and green forest below.</p> <p><b>Ropeway Fare</b> Adult/1,800 yen</p>
Access	<p><b>By Car:</b> 3 minutes from the Chuo Expressway Komagane IC to Sugadai bus terminal. From there, a 46 min. bus ride.</p> <p><b>By Train/Bus:</b> From JR Komagane Station, 50 min. by bus.</p>	<p><b>By Car:</b> 35 min. from the Joshin'etsu Expressway Shinshu Nakano IC exit.</p> <p><b>By Train/Bus:</b> From Nagano Dentetsu Yudanaka Station, 20 min. by Ryuoo shuttle bus.</p>	<p><b>By Car:</b> 75 min. from the Joshin'etsu Expressway Nagano IC exit.</p> <p><b>By Train/Bus:</b> From JR Nagano Station, a 95 min. bus ride.</p>	<p><b>By Car:</b> 50 min. by car from the Joshin'etsu Expressway Nagano IC exit.</p> <p><b>By Train/Bus:</b> From JR Nagano Station, a 75 min. bus ride (get off at Tokkyu Kirikubo stop).</p>
Website	<a href="https://www.chuo-alps.com/lang/en/">https://www.chuo-alps.com/lang/en/</a>	<a href="http://www.go-nagano.net/en/topics_detail6/id=12296">http://www.go-nagano.net/en/topics_detail6/id=12296</a>	<a href="http://www.tsugaike.gr.jp/english/trekking/shizenen">http://www.tsugaike.gr.jp/english/trekking/shizenen</a>	<a href="https://iwatake-mountain-resort.com/hmh">https://iwatake-mountain-resort.com/hmh</a>

	Hakuba Happo One	Togakushi	Nezame No Toko	Akasawa Forest Park
Location	Hakuba Valley	Nagano City	Kiso	Kiso
Viewing Period	Late September to Late October	Mid October to Late October	Late October to Early November	Late October to Early November
Details	<p>From the top of Hakuba Happo One, you can see beautiful views of the Hakuba Sanzan mountains and their autumn colors. 90 min. on foot from the lift is Happo Pond, one of the area's most scenic spots.</p> <p><b>Ropeway Fare</b> (Alpen line) Adult/2,900, Child/1,750</p>	<p>Located about 1,200 meters high, Togakushi's highlands are covered in pristine forest that were once home to ascetic monks and ninja. Togakushi's most popular sights include Kagami Pond and the Okusha Shrine.</p> <p><b>Entrance Fee</b> Free</p>	<p>Strange rock formations along the Kiso River make for a perfect place to take a nap or relax. Enjoy the sounds of the flowing river along with the beautiful colors of autumn.</p> <p><b>Entrance Fee</b> Free</p>	<p>This natural forest in Kiso is the birthplace of Shinrin-yoku, or forest-bathing in English. There are many trekking paths and a working railroad in the park that makes for great photos.</p> <p><b>Entrance Fee</b> 500</p> <p><b>Logging Railroad Ride</b> Adult/800 Child/500</p> <p><b>Hours</b> 9:00 to 16:00</p>
Access	<p><b>By Car:</b> 50 min. by car from the Joshin'etsu Expressway Nagano IC exit.</p> <p><b>By Train/Bus:</b> From JR Nagano Station, a 75 min. bus ride.</p>	<p><b>By Car:</b> 45 min. from the Joshin'etsu Expressway Shinano-machi IC exit.</p> <p><b>By Train/Bus:</b> From JR Nagano Station, 65 min. by bus.</p>	<p><b>By Car:</b> 70 min. from the Nagano Expressway Shiojiri IC exit.</p> <p><b>By Train/Bus:</b> From JR Agematsu Station, 5 min. by bus. From JR Kiso Fukushima Station, 10 min. by bus.</p>	<p><b>By Car:</b> 100 min. from the Nagano Expressway Shiojiri IC exit.</p> <p><b>By Train/Bus:</b> From JR Agematsu Station, 30 min. by bus. From JR Kiso Fukushima Station, 45 min. by bus.</p>
Website	<a href="http://www.go-nagano.net/en/topics_detail6/id=16540">http://www.go-nagano.net/en/topics_detail6/id=16540</a>	<a href="http://www.go-nagano.net/en/topics_detail6/id=12295">http://www.go-nagano.net/en/topics_detail6/id=12295</a>	<a href="http://www.go-nagano.net/en/topics_detail6/id=12316">http://www.go-nagano.net/en/topics_detail6/id=12316</a>	<a href="http://www.go-nagano.net/en/topics_detail6/id=12315">http://www.go-nagano.net/en/topics_detail6/id=12315</a>

	Ueda Castle Park	Komoro Kaikoen	Tenryukyo	
Location	Ueda City	Komoro City	Iida City	
Viewing Period	Late October to Mid November	Late October to Mid November	Mid November to Late November	
Details	<p>Ueda Castle famously defended against two attacks from the Tokugawa army during the Warring States period. Now, its remains are a park with incredible cherry blossoms in spring and vibrant autumn colors in autumn.</p> <p><b>Entrance Fee</b> Free</p>	<p>Komoro Kaikoen is home to the remains of Komoro Castle. The keep no longer exists, but its maze-like stone walls still stand covered in moss. It is well-known for its cherry blossoms and autumn leaves as well.</p> <p><b>Entrance Fee</b> Adult/300 Child/100</p>	<p>Carved by the flow of the Tenryu River, Tenryukyo Gorge features picturesque cliffs and beautiful autumn colors in November. Visitors can enjoy the view by pleasure boat.</p> <p><b>Entrance Fee</b> Free</p> <p><b>Boat Cruise</b> Adult/2,900, Child/1,450</p>	
Access	<p><b>By Car:</b> 12 min. from the Joshin'etsu Expressway Ueda Sugadaira IC exit.</p> <p><b>By Train/Bus:</b> From JR Ueda Station, a 15 min. walk.</p>	<p><b>By Car:</b> 6 min. from the Joshin'etsu Expressway Komoro IC exit.</p> <p><b>By Train/Bus:</b> From Shinano Tetsudo Komoro Station, a 3 min. walk.</p>	<p><b>By Car:</b> 10 min. from Chuo Expressway Iida Yamamoto IC exit.</p> <p><b>By Train/Bus:</b> From Tenryukyo Station, a short walk.</p>	
Website	<a href="http://www.go-nagano.net/en/topics_detail6/id=12303">http://www.go-nagano.net/en/topics_detail6/id=12303</a>	<a href="http://www.go-nagano.net/en/topics_detail6/id=16609">http://www.go-nagano.net/en/topics_detail6/id=16609</a>	<a href="http://www.go-nagano.net/en/topics_detail6/id=12333">http://www.go-nagano.net/en/topics_detail6/id=12333</a>	