## Tourism Contents Summary (Contents Tariff)

Depart from Karuizawa! History and Goumet Tour of Japan's Old Roads

The old Nakasendo and Hokkoku Kaido [Golden roads] cycling tour (Return by train train on the Shinano Railway)

| Class      | National | International |
|------------|----------|---------------|
| Individual | 0        | 0             |
| Group      | 0        | 0             |

Created: 2023-11-23

## NaganoKaruizawa

| Plan Details                        | [Outbound Route] Depart from Karuizawa and explore the history and cuisine of the old roads of Nakasendo and Hokkoku Kaido by bicycle, guided tour, heading towards Hokkoku Kaido's "Uminoshuku" (Important Traditional Building Preservation District). [Return Route] Depart from Shinano Railway Tanaka Station and easily travel by train to Karuizawa Station! This is a tour where you can enjoy the cycle train.                                 |                        |           |
|-------------------------------------|---|------------------------|-----------|
| Set Dates                           | June-November, 2024   |                        |           |
| Excluded Dates                      | August 1st ~ 20th, 2024   |                        |           |
| Plan Price (per person)             | ¥30,000 / person  |                        |           |
| Sales Commission                    | 15%   |                        |           |
| What's included                     | Including guide fee, bicycle rental (including helmet), lunch/goumet fee and insurance. (Not including train fare and please bring your own drinks.)  |                        |           |
| Course Details                      | 8:30Registration 9:00 Orientation—9:30Touring Start==Nakasendo cycling==Hokkokukaido cycling ==Lunch break at "Sobakura Choji-an"==14:30 Visit "Unno-juku"- Important Preservation District of Historic Buildings=15:00 Arrive at Tanaka Station of Shinano Railway,Disbandment at Tanaka Station.  15:50 Load bicycles onto the "Shinano Railway" Cycle Train++16:30 Arrive at Karuizawa Station.  (==:cycling \( \text{ ++:Shinano railway train } \) |                        |           |
| Time Required                       | 8 hours   | Min. # of Participants | 20 people |
| Min. # of Participants per Party    | 1 person  | Max. # of Participants | 40 people |
| Closing Date                        | before 2 weeks  | Spaces Available       | 1 person  |
| Supported Languages                 | Japanese, English   |                        |           |
| Reservation Contact                 | Field Management Inc. TEL:0267-46-9311 FAX:0267-46-9311 MAIL: hirosawa@field-management.com   |                        |           |
| Necessary when making a reservation | 1.Name 2.Email adress 3.Adress 4.Telephone number 5Select bike type (electric assist bicycle/Ebike/MTB) 6.height 7.allergy 8.Request ※If multiple people are participating, please fill out and send the application form for each person   |                        |           |
| Cancellation Fees                   | Cancellation fee: 7 to 3 days prior to the event date: 20% 2 to 5 days prior to arrival: 50% On the day: 100%.  |                        |           |

|                      | No cancellation fee will be charged in case of rain.  |           |  |  |
|----------------------|---|-----------|--|--|
| Meeting Place & Time | Karuizawa Station North Exit  | 8:30-9:00 |  |  |
| Operating Company    | Field Management Inc. TEL:0267-46-9311 FAX:0267-46-9311 MAIL: hirosawa@field-management.com   |           |  |  |
| Other (Notes)        | *The entire route is approximately 35km. It's a gentle climb from Karuizawa Station to Oiwake-juku, but after that it's mostly downhill.  *Please wear clothes suitable for cycling. We cannot store your luggage, so please bring a backpack or similar item.  *Please bring your own drinks.  *Disbandment at Tanaka Station. If you are returning to Karuizawa Station, please return on the "Shinano Railway Cycle Train (chartered)" departing from Tanaka Station. The train fare (720 yen) will be settled on-site at actual cost. For those returning to Ueda Station, the rental bicycles will be collected by staff at Tanaka Station.  *A support car will accompany the tour. |           |  |  |
| Inquiries            | Field Management Inc.(Hirosawa, Tobe) TEL:0267-46-9311 FAX:0267-46-9311 MAIL: hirosawa@field-management.com   |           |  |  |

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■Plan Details



[Post town from Edo era]
Visit "Unno-juku"- Important Preservation District of Historic Buildings



[Lunch]
Lunch break at "Sobakura Choji-an".
We'll have walnut soba , a specialty of Shinshu



[Historical spots]
Visit some historial spots while cycling along the old roads.



[The Shinano Railway Cycle Train]
You can easily return by loading your bicycle onto the train.



[Itnformation provided by the tour guide]
Guiding you through some historical spots in English